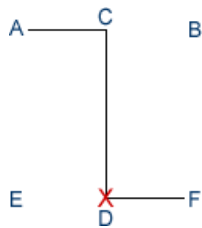


## UL- JI

is named after general Ul-Ji Moon Dok who successfully defended Korea against a Tang's invasion force of nearly one million soldiers led by Yang Je in 612 A.D., Ul-Ji employing hit and run guerilla tactics, was able to decimate a large percentage of the force. The diagram represents his surname. The 42 movements represent the author's age when he designed the pattern.



### UL-JI

Movements - 42

Ready Posture - **PARALLEL STANCE WITH AN X-BACK HAND**



1. Move the left foot to C forming a right walking stance toward D while executing a horizontal strike with twin side fists.



2. Move the right foot to C to form a left walking stance toward D while executing a pressing block with an X-fist.

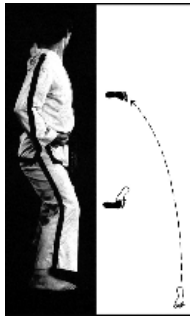


3. Execute a rising block with an X-knife-hand while maintaining a left walking stance toward D.

**Perform 2 and 3 in a continuous motion**



4. Execute a high front strike to D with the right knife-hand bringing the left palm on the right elbow joint while maintaining a left walking stance toward D.



5. Move the left foot to C to form a sitting stance toward B while executing a horizontal strike to C with the left back hand.



6. Execute a middle crescent kick to the left palm with the right foot.



7. Lower the right foot to C, forming a sitting stance toward a while striking the left palm with the right front elbow.



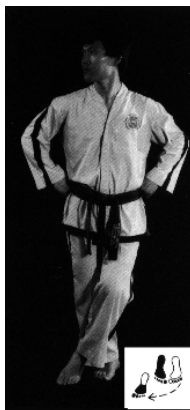
8. Thrust to B with the left back elbow placing the right side fist on the left fist while maintaining a sitting stance toward A.



9. Execute a side back strike to B with the right back fist and extending the left arm to the side-downward while maintaining a sitting stance toward A.

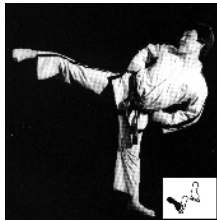


10. Bring the left foot to the right foot, forming a close stance toward D, at the same time thrusting with a twin side elbow.



11. Cross the left foot to the right foot, forming a close stance toward D while turning the face to A, Keeping the position of the hands as they were in 10.

**Perform in a fast motion**



- 12.** Execute a middle side piercing kick to A with the right Foot.  
**keeping the position of the hands as they were in 11**



- 13.** Lower the right foot to A, and then cross the left foot over the right foot, forming a right X-stance toward D while executing a horizontal thrust with a twin elbow.



- 14.** Move the right foot to A to form the sitting stance toward D while executing a right horizontal punch to A.



- 15.** Execute a high front strike to D with right knife-hand, bringing the left back hand in front of the forehead while standing up toward D.



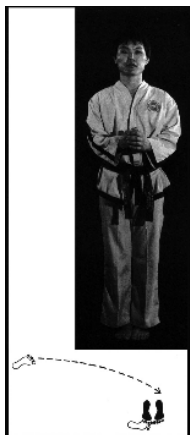
- 16.** Execute a twin knife-hand block to B while forming a right L-stance toward B, pivoting with the right foot.



- 17.** Jump to execute a mid-air kick to B with the right foot while spinning clockwise.



- 18.** Land to B forming a right walking stance toward B while executing a middle block to B with the right double forearm.



- 19.** Bring the left foot to the right foot to form a closed ready stance B toward D.



- 20.** Jump to D forming a right X-stance toward BD while executing a high side strike to B with the right back fist bringing the left finger belly to the right side fist.



- 21.** Move the left foot to C to form a right walking stance toward D while executing a rising block with the left forearm.



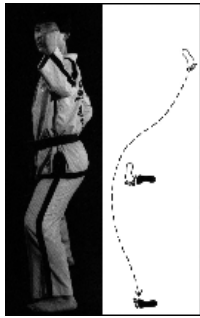
- 22.** Execute a middle front snap kick to D with the left foot.  
**keeping the position of the hands as they were in 21**



- 23.** Lower the left foot to D forming a left walking stance toward D while executing a high punch to D with the right fist.



- 24.** Move the right foot to D to form a right walking stance toward D while executing a middle thrust to D with the right straight fingertip.



**25.** Move the left foot to D turning counter-clockwise to form a sitting stance toward A while executing a high side strike to D with the left back fist.



**26.** Move the right foot to F turning counter-clockwise to form a right walking ready stance toward F.



**27.** Jump to execute a flying high kick to F with the right foot.



**28.** Land to F to form a right fixed stance toward F while executing a checking block to F with an X-knife hand.



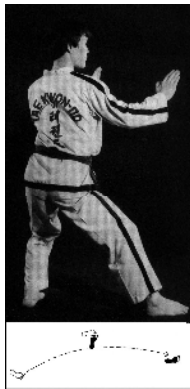
**29.** Move the left foot to F forming a right L-stance toward F while executing a pressing block with an X-fist.



- 30.** Execute a middle side front snap kick to F with the left foot while executing a middle wedging block with the inner forearm.



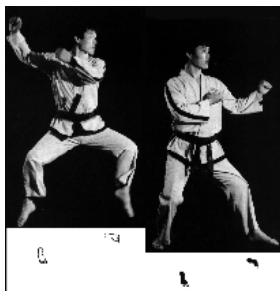
- 31.** Lower the left foot to F forming a left walking stance toward F while executing a high vertical punch to F with a twin fist.



- 32.** Move the right foot to F to form a right fixed stance toward F while executing a middle outward block with the right knife hand and a middle pushing block with the left palm.



- 33.** Slide to F forming a right L-stance toward F while executing a middle punch to F with the left fist.



- 34.** Move the left foot to the side rear of the right foot and the right foot to E to form a right L-stance toward F and then jump to E maintaining a right L-stance towards F while executing a middle guarding block to F with the forearm.



**35.** Execute a middle turning kick to DF with the right foot.



**36.** Lower the right foot to F and then execute a middle back piercing kick to F with the left foot.



**37.** Lower the left foot to F to form a right L-stance toward F while executing a middle guarding block to F with the forearm.



**38.** Move the left foot to E forming a left I-stance toward F while executing an upward block to F with the right palm.



**39.** Move the right foot to E forming a right walking Stance to E while executing a circular block to ED with the left inner forearm.



- 40.** Execute a circular block to DE with the right inner forearm while forming a right walking stance toward DF.



- 41.** Move the left foot on line EF to form a sitting stance toward D while executing a middle punch to D with the left fist.



- 42.** Execute a middle punch to D with the right fist while maintaining a sitting stance toward D.



**END:** Bring the left foot back to a ready posture.